

# St. Valentine Parish 5th Annual

5K (3.1 Miles) Fun Run/Walk, Mini "Volt" Fun Run & Spaghetti Dinner  
Sunday, Sept. 19, 2010 @ 2:30PM with Dinner @ 4:00PM

The Run/Walk Starts & Finishes on Hope Street by St. Val's Gym. The Mini "Volt" Fun Run for ages 3 to 6 begins at the corner of Hope & Norborne and ends at the gym. All finishers of the Mini "Volt" Fun Run will receive a medal and certificate. Awards to the first three female & male overall finishers & Family/Friends Team entries (First three finisher's scores will be used).

Entry fee includes a T-shirt, Finishers Certificate & Goody Bag.

**This form may be copied - one form per applicant please.**

|                                    | Please check the appropriate box. | √                        |
|------------------------------------|-----------------------------------|--------------------------|
| Ages 12 and under, Run and dinner, | \$11.00                           | <input type="checkbox"/> |
| Ages 13 and above, Run and dinner, | \$13.00                           | <input type="checkbox"/> |
| Ages 3 to 6, Mini "Volt" Run only  | \$ 7.00                           | <input type="checkbox"/> |
| Ages 7 and above, Run only         | \$10.00                           | <input type="checkbox"/> |
| Ages 12 and under, Dinner only     | \$ 5.00                           | <input type="checkbox"/> |
| Ages 13 and above, Dinner only     | \$ 7.00                           | <input type="checkbox"/> |
| Seniors 60 and over, Dinner only   | \$ 6.00                           | <input type="checkbox"/> |

Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age on race day \_\_\_\_\_ M or F \_\_\_\_\_

Email: \_\_\_\_\_

T-Shirt Size: YS \_\_\_ S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_ XXL \_\_\_

**Family/Friends Team (3 or more members - M/F/Mix teams)**

**Team Name:** \_\_\_\_\_

(Registration deadline 9/10/10, no shirt guarantee past 9/7/10)

**Disclaimer/Waiver:** I hereby release and hold harmless on behalf of myself, my child, and or representatives, the Charter Township of Redford, St. Valentine Parish, the event sponsors and organizers from liability for injuries or damages which I or my child may sustain while participating in this activity even if injuries are caused by the sole negligence of the Charter Township of Redford, Valentine or the sponsors or event organizers. I understand that I am responsible for medical coverage for my child and me.



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Date: \_\_\_\_\_ Signature: \* \_\_\_\_\_

\*By parent or guardian, required if applicant is less than 18 years of age.

- **Make checks payable to:** St. Valentine Parish
- **Mail to:** St Valentine 5K run/walk or Drop it in the collection basket in an envelope marked "RUN"  
25881 Dow  
Redford, MI 48239

For more information contact Jim & Patty Soter 734-459-5919 or Bonnie & John Danic 734-420-0610 or check the parish web page @ [www.stvalentineparish.org](http://www.stvalentineparish.org).

Packet Pickup at the gym (Corner of Hope & Beech Daly): Fri. 9/17/10, 3:00 PM to 9:00 PM - Sat. 9/18/10, 9:00 AM to 11:00 AM - Sun. 9/19/10, 10:00 AM to 12:00 Noon.